**Daily Timetable for Educating at Home**

This schedule mirrors a normal remote learning day at Steeton Primary School. We understand that it may not be easy to have children at home when they are used to being at school. Sticking to a relatively normal routine can help reduce stress and make days at home purposeful. My suggestion would be to stick the rota up in your house somewhere where everyone can see it.

Scheduled ZOOM sessions are at 9:30am, 10am, 11am and 1pm. I have included a time slot for Independent Learning, but you can be more flexible with your afternoon for 1.30pm.

Any questions please ask, my contact details are at the bottom.

Best of luck to your all, Mrs Kennedy.

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| **Time** | **Activity** | **Instructions and Ideas** |
| Before 9am | Normal Morning Routine | Follow your normal school morning routine. Get up at the same time. Have your breakfast and get dressed. Be ready to start your day 9am.Following your normal routine will help to start your day right. |
| 9 to 9:30am | Exercise | If you can leave your house, go for a walk, a bike ride or a play outside. If you can’t leave the house, try some lounge room dancing or check out YouTube for some workout ideas – Joe Wicks is back! Children in school enjoy Go Noodle and Cosmic Kids. |
| 9.30 to 9:50am | ZOOM Registration | Say “good morning to your teacher and classmates! |
| 9.50 to 10am | Break Time | Snack, drink and using the toilet.  |
| 10 to 10:40am | ZOOM Lesson | Log in for literacy! |
| 10:40 to 11am | Break Time | Have drink and a little play. |
| 11 to 11:40am | ZOOM Lesson | It’s time for maths! |
| 11:40am to 12 noon | Tidy up time | Tidy up your school books, ready for your afternoon session and get ready for lunch. |
| 12 noon to 12:30pm | Lunch |  |
| 12:30 to 1pm | Chore Time and Free Play | Clean up after lunch and do 1 other household chore. This of course needs to be age appropriate – but everyone is old enough to tidy.Have a play when you’ve finished your chore. |
| 1pm to 1.30pm | ZOOM Registration | Say “Good afternoon” to your teacher and classmates. **Not on Friday.** |
| 1.30pm to 2.30pm | Independent Learning | Get stuck into your set project. Don’t forget to ask your grown up to take a photo and email it to your teacher. They love seeing all your amazing work. Tidy up when you’re done.  |
| 2.30 to 3.30pm | Quiet Time |  Reading, tv show or a video game. Let’s all have a cheeky chill. |
| 3.30 to 4pm | Afternoon snack  | Pack away all your school work ready for tomorrow.  |
| 4pm to 5pm | Afternoon air | Get some fresh air – go for a walk, play in outside in your garden or yard. Stay a safe distance from others. |
| 5pm to Bed Time | Evening Routine | Relax and enjoy each other’s company. Cook and eat dinner. Watch some TV or a film. Sleep well. |