

# Steeton Primary School PSHE (Including Relationships Education) Curriculum 2021/2022



EYFS		
Term	Theme	Suggested resources
Autumn Term 1	<b>Me and my relationships</b>	CORAM SCARF Resources Me and my relationships <a href="#">All about me</a> <a href="#">What makes me special</a> <a href="#">Me and my special people</a> <a href="#">Who can help me?</a> <a href="#">My feelings</a> <a href="#">My feelings (2)</a>
Autumn Term 2	<b>Valuing difference</b>	CORAM SCARF Resources <b>Valuing difference</b> <a href="#">I'm special, you're special</a>  <a href="#">Same and Different</a>  <a href="#">Same and different families</a>  <a href="#">Same and different homes</a>  <a href="#">Kind and caring (1)</a>  <a href="#">Kind and Caring (2)</a>
Spring Term 1	<b>Keeping myself safe</b>	CORAM SCARF Resources Keeping myself safe  <a href="#">What's safe to go into my body (including medicines)</a>  <a href="#">Safe indoors and outdoors</a>  <a href="#">Listening to my feelings (1)</a>  <a href="#">Keeping safe online</a>  <a href="#">People who help me to keep safe.</a>
Spring Term 2	<b>Rights and responsibilities</b>	CORAM SCARF Resources Rights and responsibilities. <a href="#">Looking after my special people</a>

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		<a href="#">Looking after my friends</a> <a href="#">Being helpful at home and caring for our classroom</a> <a href="#">Caring for our world</a> <a href="#">Looking after money (1); recognising, spending, using.</a> <a href="#">Looking after money (2); saving money and keeping it safe.</a>
Summer Term 1	<b>Being my best</b>	Being my best <a href="#">Bouncing back when things go wrong</a> <a href="#">Yes, I can!</a> <a href="#">Healthy eating (1)</a> <a href="#">Healthy eating (2)</a> <a href="#">Move your body</a> <a href="#">A good night's sleep</a>
Summer Term 2	<b>Growing and changing</b>	CORAM SCARF Resources Growing and changing <a href="#">Seasons</a> <a href="#">Life stages – plants, animals, humans</a> <a href="#">Life stages: Human life stage – who will I be?</a> <a href="#">Where do babies come from?</a> <a href="#">Getting bigger</a> <a href="#">Me and my body, girls and boys</a>

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1/2 Year A		
Term	Theme	Suggested resources
Autumn Term 1	<b>Physical health and wellbeing</b> Fun times	CORAM SCARF Resources Health and Wellbeing > Healthy Lifestyles <a href="#">Eat well</a>  <a href="#">Harold's wash and brush up</a>  <a href="#">Catch it! Bin it! Kill it!</a>  <a href="#">I can eat a rainbow</a> ✖  <a href="#">Healthy me</a> ✖  <a href="#">Super sleep</a> ✖
Autumn Term 2	<b>Keeping safe and managing risk</b> Feeling safe	CORAM SCARF Resources Health and Wellbeing > Keeping Safe Who can help? (1)  Harold's school rules  What could Harold do? ✖  <b>Relationships &gt; Healthy Relationships</b> Surprises and secrets  Good or bad touches?  Unkind, tease or bully?  Who can help? (2)  How are you listening?
Spring Term 1	<b>Mental health and wellbeing</b> feelings	CORAM SCARF Resources Relationships > Feelings and Emotions <a href="#">Thinking about feelings</a>  <a href="#">Harold has a bad day</a>

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		<p><a href="#">Who are our special people?</a></p> <p><a href="#">Feelings and bodies</a></p> <p>Health and Wellbeing &gt; Healthy Lifestyles <a href="#">Our feelings</a></p> <p>Health and Wellbeing &gt; Keeping Safe <a href="#">Harold loses Geoffrey</a></p> <p><a href="#">Who can help? (1)</a></p> <p>Relationships &gt; Feelings and Emotions (Rec) <a href="#">Lead lesson 6 with related activities and enhancements: I'm sad sometimes</a> ✖</p>
Spring Term 2	<b>Drug, alcohol and tobacco education</b> <b>What do we put into and on to bodies</b>	<p>CORAM SCARF Resources</p> <p>Health and Wellbeing &gt; Keeping Safe <a href="#">What could Harold do?</a> ✖</p> <p>Health and Wellbeing &gt; Growing and Changing <a href="#">Inside my wonderful body!</a> ✖</p> <p>Health and Wellbeing &gt; Healthy Lifestyles <a href="#">I can eat a rainbow</a> ✖</p> <p><a href="#">Healthy me</a> ✖</p> <p><a href="#">Super sleep</a></p> <p>Health and Wellbeing &gt; Healthy Lifestyles (Rec) <a href="#">Lead lesson 5 with related activities and enhancements: Hold on Harold!</a> ✖</p>
Summer Term 1	<b>Identity, society and equality</b> <b>Me and others</b>	<p>CORAM SCARF Resources</p> <p>Health and Wellbeing &gt; Keeping Safe <a href="#">Who can help? (1)</a></p> <p><a href="#">What could Harold do?</a> ✖</p> <p>Health and Wellbeing &gt; Growing and Changing</p>

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		<p>Inside my wonderful body! ✖</p> <p>Keeping privates private</p> <p><b>Relationships &gt; Valuing Difference</b> It's not fair!</p> <p>Good friends ✖</p> <p>Same or Different?</p> <p><b>Living in the Wider World &gt; Rules, Rights and Responsibilities</b> Why we have classroom rules</p> <p>Taking care of something</p> <p>Our special people balloons</p> <p><b>Living in the Wider World &gt; Caring for the Environment</b> Around and about the school</p>
Summer Term 2	<p><b>Careers, financial capability and economic wellbeing</b></p> <p><b>Money</b></p>	<p>CORAM SCARF Resources</p> <p><b>Living in the Wider World &gt; Money</b> <a href="#">Harold's money</a></p> <p><a href="#">How should we look after our money?</a></p> <p><b>Living in the Wider World &gt; Money (Y2 resource)</b> Harold saves for something special</p> <p>Harold goes camping</p>

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1/2 Year B		
Term	Theme	Suggested resources
Autumn Term 1	Physical health and wellbeing What keeps me healthy	<p>CORAM SCARF Resources Health and Wellbeing &gt; Healthy Lifestyles <a href="#">My day</a></p> <p><a href="#">Harold's bathroom</a></p> <p><a href="#">Harold's postcard - helping us to keep clean and healthy</a></p> <p><a href="#">My body needs...</a> ✖</p> <p><a href="#">What does my body do?</a> ✖</p>
Autumn Term 2	Mental health and emotional wellbeing Friendship	<p>CORAM SCARF Resources Health and Wellbeing &gt; Keeping Safe <a href="#">How safe would you feel?</a></p> <p><a href="#">What should Harold say?</a></p> <p><a href="#">Harold's picnic</a> ✖</p> <p><a href="#">Respecting privacy</a></p> <p>Relationships &gt; Feelings and Emotions <a href="#">How are you feeling today?</a></p> <p><a href="#">How do we make others feel?</a></p> <p><a href="#">My special people</a></p> <p><a href="#">Being a good friend</a> ✖</p> <p><a href="#">Let's all be happy!</a> ✖</p> <p><a href="#">Fun or not?</a></p> <p>Relationships &gt; Healthy Relationships <a href="#">Should I tell?</a></p>

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		<a href="#">Solve the problem</a> <a href="#">A helping hand</a> <a href="#">I don't like that!</a> <a href="#">Bullying or teasing?</a> <a href="#">Don't do that!</a> <a href="#">Types of bullying</a> ✖ <a href="#">Some secrets should never be kept</a> <a href="#">Feeling safe</a> <b>Living in the Wider World &gt; Rules, Rights and Responsibilities</b> <a href="#">When someone is feeling left out</a> <a href="#">Getting on with others</a>
Spring Term 2	<b>Drug, alcohol and tobacco education Medicines and me</b>	CORAM SCARF Resources <b>Health and Wellbeing &gt; Keeping Safe</b> <a href="#">Harold's picnic</a> ✖ <a href="#">Respecting privacy</a>
Summer Term 1&2	<b>Relationship education Boys and girls, families</b>	CORAM SCARF Resources <b>Health and Wellbeing &gt; Healthy Lifestyles</b> <a href="#">My day</a> <a href="#">Harold's bathroom</a> <a href="#">Harold's postcard - helping us to keep clean and healthy</a> <a href="#">My body needs...</a> ✖ <a href="#">What does my body do?</a> ✖ <b>Health and Wellbeing &gt; Growing and Changing</b> <a href="#">Haven't you grown!</a> <a href="#">My body, your body</a> <b>Health and Wellbeing &gt; Keeping Safe</b> <a href="#">Respecting privacy</a>

# Steeton Primary School PSHE (Including Relationships Education) Curriculum 2021/2022



3/4 Year A		
Term	Theme	Suggested resources
Autumn Term 1	<b>Drug, alcohol and tobacco education.</b> Tobacco is a drug.	CORAM SCARF Resources <b>Health and Wellbeing &gt; Healthy Lifestyles</b> <a href="#">Poorly Harold</a>  <a href="#">Body team work</a> ✖  <b>Health and Wellbeing &gt; Keeping Safe</b> <a href="#">Alcohol and cigarettes: the facts</a> ✖  <a href="#">Help or harm?</a> ✖
Autumn Term 2	<b>Keeping safe and managing risk.</b> Bullying – see it, say it, stop it.	CORAM SCARF Resources <b>Relationships &gt; Healthy Relationships</b> <a href="#">Tangram team challenge</a>  <a href="#">Looking after our special people</a>  <a href="#">Danger or risk?</a>  <a href="#">Body space</a>  <a href="#">How can we solve this problem?</a>  <a href="#">Friends are special</a> ✖  <a href="#">Zeb</a>  <a href="#">Relationship Tree</a>  <b>Relationships &gt; Feelings and Emotions</b> <a href="#">Dan's dare</a>
Spring Term 1	<b>Mental health and emotional wellbeing.</b> Strengths and challenges.	CORAM SCARF Resources <b>Health and Wellbeing &gt; Keeping Safe</b> <a href="#">The Risk Robot</a>



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		<a href="#">Safe or unsafe?</a> <a href="#">Helping each other to stay safe</a> <a href="#">Getting on with your nerves!</a> ✖ <b>Health and Wellbeing &gt; Growing and Changing</b> <a href="#">Top talents</a> ✖ <a href="#">I am fantastic!</a>
Spring Term 2	<b>Physical health and wellbeing.</b> What helps me choose?	CORAM SCARF Resources <b>Health and Wellbeing &gt; Healthy Lifestyles</b> <a href="#">Derek cooks dinner! (healthy eating)</a>  <a href="#">Poorly Harold</a>  <a href="#">Body team work</a> ✖
Summer Term 1	<b>Identity, society and equality.</b> Celebrating difference.	CORAM SCARF Resources <b>Health and Wellbeing &gt; Growing and Changing</b> <a href="#">My special pet</a>  <a href="#">Top talents</a> ✖  <a href="#">I am fantastic!</a>  <a href="#">My changing body</a>  <b>Relationships &gt; Valuing Difference</b> <a href="#">Family and friends</a>  <a href="#">Respect and challenge</a>  <a href="#">Let's celebrate our differences</a>
Summer Term 2	<b>Careers, financial capability and economic wellbeing.</b> Saving, spending and budgeting.	CORAM SCARF Resources <b>Living in the Wider World &gt; Money</b> <a href="#">Can Harold afford it?</a>  <a href="#">Earning money</a>

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3/4 Year B		
Term	Theme	Suggested resources
Autumn Term 1	<b>Identity, society and equality:</b> <b>Democracy</b>	CORAM SCARF Resources Living in the Wider World > Rules, Rights and Responsibilities <a href="#">How do we make a difference?</a>  In the news!  <a href="#">The people we share our world with</a>  <a href="#">Safety in numbers</a>  <a href="#">That is such a stereotype!</a>  <a href="#">It's your right</a>
Autumn Term 2	<b>Drug, alcohol and tobacco education:</b> <b>Making choices</b>	CORAM SCARF Resources <a href="#">Medicines: check the label</a>  <a href="#">Under pressure</a>  <a href="#">Know the norms (formerly Tell Mark II)</a> ✖
Spring Term 1	<b>Physical health and wellbeing:</b> <b>What is important to me?</b> <b>Mental health and wellbeing</b>	CORAM SCARF Resources <a href="#">SCARF Hotel (formerly Diversity World Hotel)</a>  <a href="#">Who helps us stay healthy and safe?</a>  <a href="#">Making choices (formerly Conformatron control)</a>  <a href="#">When feelings change</a>  <a href="#">OK or not OK? (part 1)</a>  <a href="#">OK or not OK? (part 2)</a>  <a href="#">Different feelings</a>

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		<a href="#">Secret or surprise?</a>
Spring Term 2	<b>Keeping safe and managing risk:</b> <b>Playing safe</b>	<p>CORAM SCARF Resources</p> <p><a href="#">Keeping ourselves safe</a></p> <p><a href="#">Danger, risk or hazard?</a></p> <p><a href="#">Picture Wise</a></p> <p><a href="#">Keeping ourselves safe</a></p> <p><a href="#">Under pressure</a></p> <p><a href="#">Raisin challenge (2)</a></p>
Summer Term	<b>Relationship education:</b> <b>Growing up and changing</b> <b>Healthy Relationships</b>	<p>CORAM SCARF Resources</p> <p><b>Health and Wellbeing &gt; Growing and Changing</b></p> <p><a href="#">An email from Harold!</a></p> <p><a href="#">Moving house</a></p> <p><a href="#">My feelings are all over the place!</a></p> <p><a href="#">All change!</a></p> <p><a href="#">Period positive</a></p> <p><b>Relationships &gt; Valuing Difference</b></p> <p><a href="#">Friend or acquaintance?</a></p> <p><a href="#">What makes me ME! (formerly Diversity World)</a></p> <p><a href="#">What would I do?</a></p> <p><b>Relationships &gt; Healthy Relationships</b></p> <p><a href="#">Islands</a></p> <p><a href="#">Can you sort it?</a></p> <p><a href="#">Together</a></p>

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5/6 Year A		
Term	Theme	Suggested resources
Autumn Term 1	<p><b>Healthy Relationships</b></p> <p>These three lessons can be used as part of the e-safety curriculum and taught as part of computing lessons this half-term:</p> <p><a href="#">Fakebook friends</a>  <a href="#">Our recommendations</a>  <a href="#">Two sides to every story</a></p>	<p>CORAM SCARF</p> <p><b>Relationships &gt; Healthy Relationships</b>  <a href="#">It could happen to anyone</a>  <a href="#">Collaboration Challenge!</a>  <a href="#">Give and take</a>  <a href="#">Relationship cake recipe</a></p> <p><b>Relationships &gt; Valuing Difference</b>  <a href="#">Qualities of friendship</a>  <a href="#">Kind conversations</a>  <a href="#">Happy being me</a></p>
Autumn Term 2	<p><b>Health and Wellbeing – Physical Wellbeing and Keeping safe (including drug and alcohol awareness)</b></p>	<p>CORAM SCARF Resources</p> <p><b>Health and Wellbeing &gt; Healthy Lifestyles</b>  <a href="#">Smoking: what is normal?</a> ✖  <a href="#">Getting fit</a> ✖  <a href="#">It all adds up!</a> ✖</p> <p><b>Health and Wellbeing &gt; Keeping Safe</b>  <a href="#">'Thinking' about habits</a>  <a href="#">Jay's dilemma</a>  <a href="#">Independence and responsibility</a>  <a href="#">Our emotional needs</a> ✖  <a href="#">Would you risk it?</a> ✖  <a href="#">Being assertive</a> ✖  <a href="#">Drugs: true or false?</a> ✖  <a href="#">Spot bullying</a>  <a href="#">Communication</a>  <a href="#">Decision dilemmas</a>  <a href="#">Would you...?</a></p>
Spring Term 1	<p><b>Mental health and emotional wellbeing: Healthy minds</b></p>	<p>CORAM SCARF Resources  <a href="#">How are they feeling?</a></p>

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		<a href="#">Different skills</a> <a href="#">Star qualities</a>
Spring Term 2	<b>Living in the Wider World: Rules, Rights and Responsibilities</b>	CORAM SCARF Resources <b>Living in the Wider World &gt; Rules, Rights and Responsibilities</b> <a href="#">Local councils</a> <a href="#">What's the story?</a> <a href="#">Fact or opinion?</a> <a href="#">The land of the Red People</a> <b>Living in the Wider World &gt; Caring for the Environment</b> <a href="#">Rights, responsibilities and duties</a> <a href="#">My school community (2)</a> <a href="#">Mo makes a difference</a> <b>Living in the Wider World &gt; Money</b> <a href="#">Spending wisely</a> <a href="#">Lend us a fiver!</a>
Summer Term 1	<b>Healthy Relationships</b>	CORAM SCARF Resources <b>Relationships &gt; Healthy Relationships</b> <a href="#">Taking notice of our feelings</a> <a href="#">Stop, start, stereotypes</a> <b>Relationships &gt; Feelings and Emotions</b> <a href="#">How good a friend are you?</a> <a href="#">Dear Ash</a> <a href="#">Ella's diary dilemma</a> <a href="#">Is it true?</a>
Summer Term 2	<b>Growing and Changing</b>	CORAM SCARF Resources <b>Health and Wellbeing &gt; Growing and Changing</b> <a href="#">Growing up and changing bodies</a> <a href="#">Dear Hetty</a> <a href="#">Changing bodies and feelings</a> <a href="#">Help! I'm a teenager - get me out of here!</a>

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5/6 Year B		
Term	Theme	Suggested resources
Autumn Term 1	<p><b>Healthy Relationships</b></p> <p>These three lessons can be used as part of the e-safety curriculum and taught as part of computing lessons this half-term:</p> <p><a href="#">Fakebook friends</a>  <a href="#">Our recommendations</a>  <a href="#">Two sides to every story</a></p>	<p>CORAM SCARF</p> <p><b>Relationships &gt; Healthy Relationships</b></p> <p><a href="#">It could happen to anyone</a>  <a href="#">Collaboration Challenge!</a>  <a href="#">Give and take</a>  <a href="#">Relationship cake recipe</a></p> <p><b>Relationships &gt; Valuing Difference</b></p> <p><a href="#">Qualities of friendship</a>  <a href="#">Kind conversations</a>  <a href="#">Happy being me</a></p>
Autumn Term 2	<p><b>Health and Wellbeing – Physical Wellbeing and Keeping safe (including drug and alcohol awareness)</b></p>	<p>CORAM SCARF Resources</p> <p><b>Health and Wellbeing &gt; Healthy Lifestyles</b></p> <p><a href="#">Smoking: what is normal?</a> ✖  <a href="#">Getting fit</a> ✖  <a href="#">It all adds up!</a> ✖</p> <p><b>Health and Wellbeing &gt; Keeping Safe</b></p> <p><a href="#">'Thinking' about habits</a>  <a href="#">Jay's dilemma</a>  <a href="#">Independence and responsibility</a>  <a href="#">Our emotional needs</a> ✖  <a href="#">Would you risk it?</a> ✖  <a href="#">Being assertive</a> ✖  <a href="#">Drugs: true or false?</a> ✖  <a href="#">Spot bullying</a>  <a href="#">Communication</a>  <a href="#">Decision dilemmas</a>  <a href="#">Would you...?</a></p>
Spring Term 1	<p><b>Mental health and emotional wellbeing: Healthy minds</b></p>	<p>CORAM SCARF Resources</p> <p><a href="#">How are they feeling?</a>  <a href="#">Different skills</a>  <a href="#">Star qualities</a></p>
Spring Term 2	<p><b>Living in the Wider World: Rules, Rights and Responsibilities</b></p>	<p>CORAM SCARF Resources</p>

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		<p>Living in the Wider World &gt; Rules, Rights and Responsibilities</p> <p><a href="#">Local councils</a></p> <p><a href="#">What's the story?</a></p> <p><a href="#">Fact or opinion?</a></p> <p><a href="#">The land of the Red People</a></p> <p>Living in the Wider World &gt; Caring for the Environment</p> <p><a href="#">Rights, responsibilities and duties</a></p> <p><a href="#">My school community (2)</a></p> <p><a href="#">Mo makes a difference</a></p> <p>Living in the Wider World &gt; Money</p> <p><a href="#">Spending wisely</a></p> <p><a href="#">Lend us a fiver!</a></p>
Summer Term 1	<b>Healthy Relationships</b>	<p>CORAM SCARF Resources</p> <p><b>Relationships &gt; Healthy Relationships</b></p> <p><a href="#">Taking notice of our feelings</a></p> <p><a href="#">Stop, start, stereotypes</a></p> <p><b>Relationships &gt; Feelings and Emotions</b></p> <p><a href="#">How good a friend are you?</a></p> <p><a href="#">Dear Ash</a></p> <p><a href="#">Ella's diary dilemma</a></p> <p><a href="#">Is it true?</a></p>
Summer Term 2	<b>Growing and Changing</b>	<p>CORAM SCARF Resources</p> <p><b>Health and Wellbeing &gt; Growing and Changing</b></p> <p><a href="#">Growing up and changing bodies</a></p> <p><a href="#">Dear Hetty</a></p> <p><a href="#">Changing bodies and feelings</a></p> <p><a href="#">Help! I'm a teenager - get me out of here!</a></p>